



Shōtōkan Ryu Kase Ha  
Karate-dō



初心

*Beginner's mind*

**Shotokan Karate EU Luxembourg**

Weekend course with  
**Sensei Pascal LECOURT, 6<sup>th</sup> Dan**  
International instructor and member of the SRKH Shihankai

16/17 January 2010



Salle Omnisports Kiem, 40 boulevard Pierre Frieden  
L-1543 Kirchberg (quartier Kiem) -Luxembourg  
Telephone: (+352) 4796-3177

**Location:**

Opposite of **RTL Radio Luxembourg** & in the corner of Rue Anne Beffort  
**Bus No 7** from the City Center via D'Coque and Novotel, the stop is 'Léon Thyès'  
**Walking distance:** D'Coque 10 min, Novotel 15 min, City Center 35 min.

**Times:**

**Saturday** (*Doors open at 13.00*)  
13.30 - 15.00  
15.15 - 16.45  
**Sunday** 11.00 - 12.30  
12.45 - 14.15

**Price:**

Whole course	Euros 35
One day	Euros 25
One session	Euros 15

**Accommodation:**

Youth Hostel Luxembourg 20 €/person  
[luxembourg@youthhostels.lu](mailto:luxembourg@youthhostels.lu)  
[www.youthhostels.lu](http://www.youthhostels.lu)

Hotels - See Luxembourg Tourist Information [www.lcto.lu](http://www.lcto.lu)

Some examples:

Hotel Zurich, 64-76 €/single room [www.hotelzurich.lu](http://www.hotelzurich.lu)

Hotel des Duacs, 60-80 €/single

New Chemin de Fer, 45-50 €/single

Etap Hotel, 56-66 €/single [www.etaphotel.com](http://www.etaphotel.com)

Chez Anna & Jean, 40-45 €/single or

[www.novotel.com](http://www.novotel.com) appr. 80 €/night with the Flex- system.

**d'Coque** – Sport Center

2 Rue Léon Hengen, 1745 Luxembourg

[www.coque.lu](http://www.coque.lu) Tel. +352 – 436060-444

80€ double room (incl breakfast for 2)

To Dojo: bus 7 or 10 min walk

**Further information from:**

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