



# Shōtōkan Ryu Kase Ha Karate-dō



## 初心

*Beginner's mind*

### Shotokan Karate EU Luxembourg

2<sup>st</sup> Module of the **Train the Trainer** course with  
**Sensei Nico Ibscher**

03/04 July 2010

Salle Omnisports Kiem, 40 boulevard Pierre Frieden  
L-1543 Luxembourg (quartier Kiem)  
Telephone: (+352) 4796-3177

**Location:**

Opposite of **RTL Radio Luxembourg** & in the corner of Rue Anne Beffort  
**Bus No 7** from the City Center via D'Coque and Novotel, the stop is 'Léon Thyès'  
**Walking distance:** D'Coque 10 min, Novotel 15 min, City Center 35 min.

**Times:**

**Saturday** 11.30 - 15.30

**Sunday** 09.30 - 12.30

**Price:** Euros 25

**Accommodation:**

**Youth Hostel Luxembourg** 20 €/person  
[luxembourg@youthhostels.lu](mailto:luxembourg@youthhostels.lu)  
[www.youthhostels.lu](http://www.youthhostels.lu)

**d'Coque** – Sport Center  
2 Rue Léon Hengen, 1745 Luxembourg  
[www.coque.lu](http://www.coque.lu) Tel. +352 – 436060-444  
80€ double room (incl breakfast for 2)  
**To Dojo:** bus 7 or 10 min walk

**Hotels - See Luxembourg Tourist Information**  
[www.lcto.lu](http://www.lcto.lu)

**Further information from:**

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